



Relationships & Sexuality Education and Protective Behaviours

This term, during Weeks 9 and 10, week starting 8th September, we will be teaching Relationships and Sexuality Education (RSE) and Protective Behaviour (PB) with Catholic perspectives for students in Years P-6. The teaching of RSE and PB is part of the Australian Health and Physical Education (HPE) Curriculum.

To enhance this learning, we will be implementing the *Daniel Morcombe Child Safety Curriculum*. This curriculum has been developed to support Queensland schools' delivery of key safety messages to students in Prep to Year 9. Through a series of lessons, students will learn how to **Recognise, React** and **Report** when they are unsafe or find themselves in situations that can have a significant detrimental effect on their physical, psychological or emotional wellbeing. Further information about the *Daniel Morcombe Child Safety Curriculum* can be found at [Keeping Kids Safe Resources | The Daniel Morcombe Foundation](#)

Please be assured that this material will be handled with sensitivity. The purpose of this note is to inform you of this part of your child's education and to prepare you for the possibility of questions being asked at home. As your child's primary caregiver you are welcome to make an appointment at the school office to seek further information about the curriculum content or to view any materials which will be shown to your child.

The PEN has engaged 'Real Talk' who will present a workshop on helping caregivers foster healthy self-worth and respectful, flourishing relationships. The workshop will be particularly linked to the sessions they will be holding with our Year 5 & 6 students the following day but will be relevant to all parents and caregivers who want some up-to-date ideas on how to handle these tough and important parenting topics. Topics covered at the Parent Night:

- Current culture;
- Developmental changes occurring with puberty;
- The digital world (including social media);
- Tips for how you can help navigate these years;
- What we're going to discuss with the Year 5&6 students the following day.

The parent workshop will be Monday, 15th September at 6pm in the MacKillop Centre. We have purchased parent access to 'Real Talk' education to assist you in having these conversations with your children. For access go to www.realtalkeducation.org/parents Password: parents

Please find below an overview of the content for each year level. If you have any questions please do not hesitate to contact Emma Timmins or Sharon Young. **Please have a conversation with your child/children and clarify any questions that they have after these lessons.**

Year Level	Core Content Overview
Prep I am God's Child. I am special.	Relationships and Sexuality Education: <ul style="list-style-type: none">• Name the different parts of the body, include terminology – penis, vagina, breasts, nipples, bottom, male, female, sex (as in male and female)• Recognise the physical difference between males and females• Discuss God creating boys and girls equally Daniel Morcombe Child Safety Curriculum – Lesson 4: Private Body Parts <ul style="list-style-type: none">• Introducing the term – private parts• Identifying the private parts of the body• Naming the private body parts

<p>Year One</p> <p>I am God's Child. I am special.</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Prep content • Name the different parts of the body. Include terminology – penis, vagina, breasts, nipples, bottom, male, female, sex (as in male and female) • Recognise physical difference between males and females • Discuss God creating boys and girls equally <p>Daniel Morcombe Child Safety Curriculum – Lesson 5 – body ownership</p> <ul style="list-style-type: none"> • Rules about private parts • Private body part rules help keep you safe • Scenarios for application of learning
<p>Year Two</p> <p>God made me. I am loved. I can love.</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Year One content • Revise the names of the different parts of the body from Year One core content; Include new vocabulary: testicles • Articulate physical differences between males and females • Continue discussion of God creating boys and girls equally • Demonstrate an appreciation of equality between the sexes <p>Daniel Morcombe Child Safety Curriculum – Lesson 5 – Body Ownership</p> <ul style="list-style-type: none"> • Rules about private parts • Private body part rules help keep you safe • Scenarios for application of learning
<p>Year Three</p> <p>I belong to God's family. I have responsibilities</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Year Two content • Human life is part of God's plan from birth, toddler, child, adolescent, adult (Simple understanding of the life cycles in Science) • Revise the names of the different parts of the body include new vocabulary: vulva, anus, sperm, egg, womb, uterus, umbilical cord, breast fed / bottle fed • Demonstrate an appreciation of equality between the sexes • Demonstrate an awareness that family structures take many forms. <p>Daniel Morcombe Child Safety Curriculum – Lesson 4 – Private Body Parts and Body Ownership</p> <ul style="list-style-type: none"> • Revising previously introduced names of body parts including anatomical, consent, private, public, male, female, bottom, penis, vagina, breasts, nipples, naked • Year 3-4 focus – testicles, vulva, anus • Rules about private body parts • Scenarios for students to apply their knowledge and judgement

<p>Year Four</p> <p>I can help make decisions. I can choose.</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Year Three content • Demonstrate appropriate knowledge – growth in the womb – birth • Use the following vocabulary: womb, placenta, umbilical cord, amniotic sac, foetus, conception (sexual intercourse will not be discussed until Year Six) • Celebrate the miracle of life <p>Daniel Morcombe Child Safety Curriculum – Lesson 4 – Private Body Parts and Body Ownership</p> <ul style="list-style-type: none"> • Revising previously introduced names of body parts including anatomical, consent, private, public, male, female, bottom, penis, vagina, breasts, nipples, naked • Year 3-4 focus – testicles, vulva, anus • Rules about private body parts • Scenarios for students to apply their knowledge and judgement
<p>Year Five</p> <p>I grow by interacting with others.</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Year Four content • Discuss how adolescence changes the way you look, think and feel. Acknowledge the physical (external) and emotional changes that occur during puberty • Revise the names of the different parts of the body. Include new vocabulary: puberty, genitals, pubic hair, acne, sperm, genes, hormones, external changes, conception, fertilization (sexual intercourse will not be discussed until Year Six) <p>Daniel Morcombe Child Safety Curriculum – Lesson 4 – Private Body Parts and Body Ownership</p> <ul style="list-style-type: none"> • Revising previously introduced names of body parts including anatomical, consent, private, public, male, female, bottom, penis, vagina, breasts, nipples, naked • Year 5-6 focus – testicles, scrotum, vulva, anus • Rules about private body parts • Scenarios for students to apply their knowledge and judgement
<p>Year Six</p> <p>I can make decisions that lead to happy and fulfilling relationships.</p>	<p>Relationships and Sexuality Education:</p> <ul style="list-style-type: none"> • Revision of Year Five content • Revise the external changes that occur during puberty • List the internal changes that occur during puberty • Demonstrate a basic knowledge of the reproductive system • Revise the names of the different parts of the body and pubertal processes. Include new vocabulary: fallopian tubes, cervix, ovary, ovum, sperm, duct, scrotum, urethra, pituitary gland, ovulation, menstruation, nocturnal emissions / wet dreams, vaginal discharge, sexual intercourse, conception • Personal hygiene <p>Daniel Morcombe Child Safety Curriculum – Lesson 4 – Private Body Parts and Body Ownership</p> <ul style="list-style-type: none"> • Revising previously introduced names of body parts including anatomical consent, private, public, male, female, bottom, penis, vagina, breasts, nipples, naked • Year 5-6 focus – testicles, scrotum, vulva, anus • Rules about private body parts • Scenarios for students to apply their knowledge and judgement